

## OUR MISSION

Our Mission is to provide an inclusive environment where children with varied developmental disabilities including Autism Spectrum Disorder can receive ABA and a wide range of additional therapies that are custom tailored to individual need. Through data and research based intervention, and with professionalism and compassion Shine illuminates the pathway to growth and development for children and their families, we strive to enrich lives and help children reach their full potential and ultimately to succeed.

## WE OFFER

### Our services include:

- ★ ABA therapy (Applied Behavior Analysis)
- ★ Speech therapy
- ★ Occupational therapy
- ★ Music therapy
- ★ Parent Training
- ★ Additional services such as an on-site special needs hair stylist, respite aftercare and a gym styled open play room are offered as well as a specialized sensory room.

We work with children age 2-12 years of age.

**SHINE BEHAVIORAL  
ACCEPTS BOTH PRIVATE  
PAY CLIENTS AND PRIVATE  
INSURANCE CLIENTS.**

We accept a wide range of insurance carriers, please call or email us for more information. We also accept Medicaid for our Speech and Occupational therapy services.



## CONTACT INFORMATION:

### Shine Behavioral Therapy Center

817-457-3088

[shine@shinebehavioral.com](mailto:shine@shinebehavioral.com)

1205 B Green Oaks Blvd  
Arlington, TX 76013

We are conveniently located in West Arlington Texas easily accessible from major highways I-30, I-20 and U.S. 287!

### Hours of Operation

Monday – Friday 8:30am – 5:30 pm.

Aftercare respite will be offered from 4:30-5:30 daily.

**Please visit our website for more information**

[WWW.SHINEBEHAVIORAL.COM](http://WWW.SHINEBEHAVIORAL.COM)



APPLIED BEHAVIOR ANALYSIS  
(ABA) SERVICES



*Illuminating*  
the way for children & their families

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All Shine Behavioral curriculum has been developed in consultation with the esteemed Cleveland Clinic Children's Center for Autism (CCCCA).

CCCCA provides Autism Development Solutions- Proven strategies that serve a growing need with a focus on communication, socialization and behavior. For more than 15 years the CCCCCA has been collecting both applied and clinical research to create the outstanding evidence based applied behavior analysis (ABA) programs they offer today.

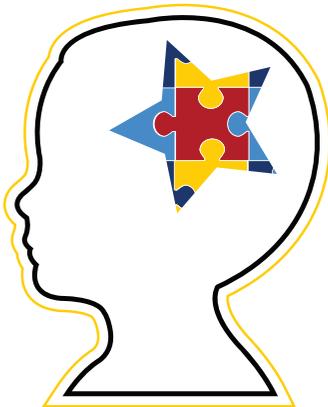
## OUR VISION

Shine Behavioral believes in a multi-disciplinary approach that combines proven therapies in a unique fashion in one convenient location. We provide tools and resources on site to enable a child to achieve overall success as each and every child is unique and requires a personalized treatment plan. Our ultimate vision is to not only bring together a wide variety of treatments but also to bring together the special needs community so our children can flourish in every way possible.

Autism is the fastest growing developmental disorder in the United States. According to the Centers for Disease Control and Prevention (CDC), autism spectrum disorders (ASDs) are a group of developmental disabilities that can cause significant social, communication and behavioral challenges

In our country 1 in 68 children have an ASD (1 in 42 boys).

Additionally, a new government study of parents suggests that it is actually 1 in 45 children ages 3-17 have been diagnosed with this disorder.



## WHAT IS ABA?

Applied Behavior Analysis (ABA) is the applied use of behavioral principles to everyday situations with the goal of either increasing or decreasing targeted behaviors. ABA was defined as a field in the late 1960s after years of research. Decades later the field of behavior analysis has developed many techniques for increasing useful behaviors and reducing those that may cause harm or interfere with learning. ABA builds appropriate beneficial skills in learners with Autism Spectrum Disorder (ASD) that can then be generalized into everyday living situations. In practice the analyst breaks down a goal based task into several smaller components to teach each step individually allowing the child to learn at their own pace with smaller pieces of information distributed. This approach allows each correct response to be positively reinforced.

## SHINE ABA

Our Applied Behavior Analysis approach is structured technique with an emphasis on a naturalistic environment that breaks down skills into small, "discrete" components. Systematically, the behavior analyst teaches these skills one by one. Along the way, analysts use tangible positive reinforcements for desired behavior.

Our Board Certified Behavior Analyst (BCBA) customizes our ABA programs after a full assessment of each child. Parents or caregivers will receive a detailed review of the assessment and work with the BCBA to determine goals. Programs will be administered in a 1:1 or 1:2 setting as medically prescribed by a development pediatrician or other applicable diagnostician. Social skills group time is also available utilizing a 1:1 therapist/client setting.

## THERAPY SERVICE DETAILS



### Speech Therapy

Autism can affect speech, language development, and social communication in many ways. Speech-language therapy is designed to coordinate the mechanics of speech with the meaning and social use of language.



### Occupational Therapy

Many ASD children also have sensory processing challenges, this can lead to difficulties with social interaction, communication, behaviors and fine motors skills.



### Music Therapy

Music therapy is a well-established professional health discipline that uses music to achieve non-musical treatment goals.

heart & harmony  
music therapy



### Special Needs Hair Stylist Services

Children with ASD and many other developmental disorders commonly have trouble with haircuts and can become "tactile" defensive.



### Respite Aftercare

Respite care is provided from 4:30-5:30 pm Monday - Friday. This is ideal for parents who work or need a little bit more time in the evening to pick up.



### Parent Training

Each month a group parent meeting is held and a relevant educational topic will be presented. Individual parent meetings and training are also held monthly.



### Sensory Room

This is a specially designed room which combines a range of stimuli to help engage the senses. Sensory environments can be extremely comforting and calming for overactive or distressed children.



### Gym Style Open Play Room

Our open gym style play area provides physical activity, an important supplement to behavioral therapy.



### Outdoor Play Area COMING SOON SPRING 2018!

Having the chance to get outside daily with a therapist in a safe environment is just another way we strive to shine and offer unique opportunities to generalize our ABA programs.